



Superior Jr/Sr High School
100 W. Panther Drive
Superior, AZ 85173

May 7, 2019

Dear Parent or Guardian,

There is at least one confirmed case of Hand-foot-mouth disease in first grade. We checked all of the students today and will continue to check this week and into next week. We ask that you also check for these signs and symptoms.

Symptoms Hand-foot-and-mouth disease may cause all of the following signs and symptoms or just some of them. They include:

- Fever
- Sore throat
- Feeling of being unwell (malaise)
- Painful, red, blister-like lesions on the tongue, gums and inside of the cheeks
- A red rash, without itching but sometimes with blistering, on the palms, soles and sometimes the buttocks
- Irritability in infants and toddlers
- Loss of appetite

The usual period from initial infection to the onset of signs and symptoms (incubation period) is three to six days. A fever is often the first sign of hand-foot-and-mouth disease, followed by a sore throat and sometimes a poor appetite and malaise.

One or two days after the fever begins, painful sores may develop in the front of the mouth or throat. A rash on the hands and feet and possibly in other areas.

If a student has these symptoms, we will send them home.

This information was taken from - <https://www.mayoclinic.org/diseases-conditions/hand-foot-and-mouth-disease/symptoms-causes/syc-20353035>

Sincerely,

William Duarte
Principal/Athletic Director
Superior Junior/Senior High School